

J E F F R E Y A . S T E I G E R L C S W

PSYCHOTHERAPIST ~ COLLABORATIVE DIVORCE COACH

102 East Mount Airy Road
Croton-on-Hudson, NY 10520
Phone: 914.282.1600

jas888@msn.com

www.jeffreysteiger.com

370 Lexington Avenue
Suite 1000
New York, NY 10165

Education

- NEW YORK UNIVERSITY - Under Graduate, BSW, 1982
- NEW YORK UNIVERSITY - Graduate, MSW, Summa Cum Laude, 1984
- POST GRADUATE INSTITUTE FOR MENTAL HEALTH, 1985
- NEW SCHOOL FOR SOCIAL RESEARCH, 1981 - 1983

Additional Training/ Collaborative Model

- CENTER FOR MEDIATION AND LAW, Mediation Training, , 2006
- NEW YORK ASSOCIATION OF COLLABORATIVE PROFESSIONALS (NYACP), Basic Interdisciplinary Training, , 2005
- HUDSON VALLEY COLLABORATIVE DIVORCE ASSOCIATION (HVCDA), Basic Interdisciplinary Training, , 2004
- PRIVATE TRAINING LED BY JAYNE GUMPEL, Based on the work of Harville Hendricks; "Couples Training - Getting the Love You Want - a Guide for Couples", 1995

Teaching/ Trainer (Collaborative /Corporate)

- International Academy of Collaborative Professionals (IACP) -
The Collaborative Mosaic Conference/ Toronto, Canada,
"Working With Difficult Couples", led with Micki McWade, *October 25-28, 2007*
- HVCDA/NYACP - Led on-going dialogues in both organizations discussing such topics as:
 - The Role of the Divorce Coach
 - How to Work with Impasse in the Collaborative Process
 - How to Work with Difficult Couples
- NYACP - Co-chair meetings committee with Joan Jablow, developing topics and protocols for ongoing interdisciplinary meetings in the organization, *2007 - present*
- MORGAN STANLEY, CITIGROUP, DEUTSCH BANK, Corporate Trainer - Part of a team of mental health professionals asked to provide crisis management following 9/11 in 2001 for several major financial institutions directly affected by the tragedy, *2001*.
- MORGAN STANLEY, CITIGROUP, DEUTSCH BANK , Employee's Assistance Programs -
PsychoEducational Seminars/Trainings, *2002 - 2006*

J E F F R E Y A . S T E I G E R L C S W

PSYCHOTHERAPIST ~ COLLABORATIVE DIVORCE COACH

- Stress Management
- Conflict Resolution
- Balancing Your Personal/Professional Life
- Elder Care
- Caregiving for Someone That You Love

Collaborative Practice

- Divorce Coach; trained by the HUDSON VALLEY COLLABORATIVE DIVORCE TEAM (2004) and the NEW YORK ASSOCIATION OF COLLABORATIVE PROFESSIONALS (2005)
- CENTER FOR MEDIATION AND LAW, Mediation Training, 2006
- Work extensively on full team cases using the Interdisciplinary Collaborative Divorce Model, 2004 - *present*
- One of the original Mental Health Professionals asked to serve on the Board of the New York Association of Collaborative Professionals when it became interdisciplinary, 2007- *present*
- The Father's Group - On-going group designed to help fathers go through the divorce process. Explores parenting issues, transitioning post-divorce and interpersonal communication, 2006 - *present*

Employment

- WESTCHESTER MEDICAL CENTER - Mobile Crisis Team, Evaluating / Addressing Psychiatric Emergencies in Westchester County, 2003 - 2005
- PHELPS MEMORIAL HOSPITAL - Part of interdisciplinary team responsible for evaluating, diagnosing and treating patients in out-patient mental health clinic. Attended regular in-service trainings appropriate for clinical setting including many on medication management, 1999 - 2003

Licensing / Certifications / Associations

- New York State License / Certification #R - O32442 - 1
- Board Member, New York Association of Collaborative Professionals
- International Academy of Collaborative Professionals
- Hudson Valley Collaborative Divorce Team
- Hudson Valley Regional Association
- National Association of Social Workers

Podcast / Radio

- Life Care, Inc - "Divorce - From Crisis to Collaboration", 2007
- "Ex - Over EZ" - Radio show with host Al Frankel discussing Collaborative Divorce, 2006